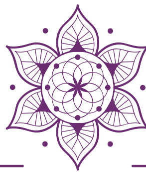


MASSAGE BY DEMERIE

Client Intake Form

Name ______________________ Phone (Day) ______________________ Phone (Eve) ______________________

Address ____

City/State/Zip ____

email ______________________ Date of Birth ______________________ Occupation ______________________

Emergency Contact ______________________________________ Phone ______________________

The following information will be used to help plan safe and effective massage sessions. Please answer the questions to the best of your knowledge.

Date of Initial Visit ____

1. Have you had a professional massage before? Yes No

   If yes, how often do you receive massage therapy? ______________________________

2. Do you have any difficulty lying on your front, back, or side? Yes No

   If yes, please explain ____

3. Do you have any allergies to oils, lotions, or ointments? Yes No

   If yes, please explain ____

4. Do you have sensitive skin? Yes No

5. Are you wearing contact lenses ( ) dentures ( ) a hearing aid ( ) ?

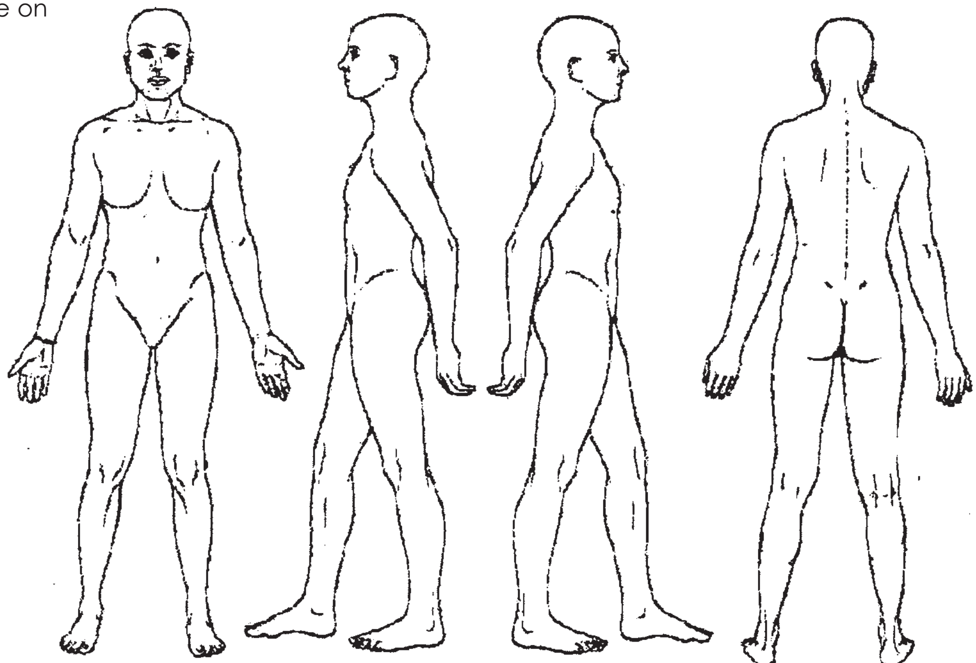
6. Do you sit for long hours at a workstation, computer, or driving? Yes No

   If yes, please describe ____

7. Please check the box of areas you would like to allow your therapist to massage.

   ☐ Scalp ☐ Face ☐ Pectoral ☐ Glutes ☐ Feet

Circle any specific areas you would like the massage therapist to concentrate on during the session:



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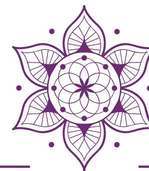

Medical History

In order to plan a massage session that is safe and effective,
I need some general information about your medical history.

8. Are you currently under medical supervision? Yes No
   If yes, please explain ______
9. Do you see a chiropractor? Yes No If yes, how often? ______
10. Are you currently taking any medication? Yes No
    If yes, please list ______
11. Please check any condition listed below that applies to you:

( ) contagious skin condition
( ) open sores or wounds
( ) easy bruising
( ) recent accident or injury
( ) recent fracture
( ) recent surgery
( ) artificial joint
( ) sprains/strains
( ) current fever
( ) swollen glands
( ) allergies/sensitivity
( ) heart condition
( ) high or low blood pressure
( ) circulatory disorder
( ) varicose veins
( ) atherosclerosis
( ) phlebitis
( ) deep vein thrombosis/blood clots
( ) joint disorder/rheumatoid arthritis/osteoarthritis/tendonitis
( ) osteoporosis
( ) epilepsy
( ) headaches/migraines
( ) cancer
( ) diabetes
( ) decreased sensation
( ) back/neck problems
( ) Fibromyalgia
( ) TMJ
( ) carpal tunnel syndrome
( ) tennis elbow
( ) pregnancy If yes, how many months?

Please explain any condition that you have marked above ______

______

______

12. Is there anything else about your health history that you think would be useful for your massage practitioner to know to plan a safe and effective massage session for you? ______

______

Draping will be used during the session – only the area being worked on will be uncovered.
Clients under the age of 17 must be accompanied by a parent or legal guardian during the entire session.
Informed written consent must be provided by parent or legal guardian for any client under the age of 17.

I, ______ (print name) understand that the massage I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor or other qualified medical specialist for any mental or physical ailment that I am aware of. I understand that massage therapists are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapist's part should I fail to do so.

Signature of client ______ Date ______

Signature of Massage Therapist ______ Date ______